



# WEST IRON COUNTY PUBLIC SCHOOLS

# November 2018 School Lunch Menu



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|
|-----|-----|-----|-----|-----|-----|-----|

### BREAKFAST IN THE CLASSROOM--SERVED DAILY

Items will vary each day.

Fresh fruit, fruit cups, muffins, cereal bars, assorted cereals, assorted juices, graham crackers, 1% or skim white milk, raisins, craisins, ritz bits crackers, bagels and more.



### LUNCH PRICES



Stambaugh \$2.50  
 MS/HS \$3.00  
 Adults \$4.00  
 Milk \$.50

### ELECTION DAY

|   |   |  |  |   |   |  |
|---|---|--|--|---|---|--|
| <br>4<br>Don't forget to turn your clocks back | 5<br>Beef Ravioli<br>Lettuce Salad<br>Whole Grain Dinner Roll<br>Fruit<br>Milk              | 6<br><b>DAY</b><br>Chicken Nuggets<br>Pasta Salad<br>Tropical Fruit<br>Milk            | 7<br>Sub Sandwich<br>Meat/Cheese/Lettuce<br>Cucumbers<br>Juice Box<br>Milk                     | 8<br><b>NOON DISMISSAL</b><br>Mini Corn Dogs<br>Peas<br>Pears<br>Milk | 9<br>Dina Mia Pizza<br>Cauliflower/Broccoli<br>Ranch Dip<br>Peaches<br>Milk   | 3<br>Menu is subject to change without notice<br><br>10<br><u>Milk is included with each meal</u><br>1% White Milk<br>Skin White Milk<br>Skim Chocolate Milk |
| 11<br><br><b>VETERAN'S DAY</b>                 | 12<br>Spaghetti/Meatballs<br>Lettuce Salad<br>Mixed Fruit<br>Whole Grain Breadstick<br>Milk | 13<br><b>WYKON</b> Cheeseburger<br>French Fries<br>Mixed Fruit<br>Milk                 | 14<br>Pizza Nuggets<br>Corn<br>Nuggets<br>Milk   | 15<br>Hot Dogs<br>Baked Beans<br>Peaches<br>Whole Grain Chips<br>Milk | 16<br><br><b>NO SCHOOL</b><br> | 17   |
| 18  | 19<br>Turkey/Gravy<br>Mashed Potatoes<br>Dinner Roll<br>Pears<br>Milk                       | 20<br>Tacos<br>Meat/Cheese/Lettuce<br>Salsa<br>Mexican Rice<br>Cinnamon Apples<br>Milk | 21<br>     | 22<br><i>Happy Thanksgiving</i><br><i>Happy Thanker Day</i>           | 23<br>   | 24   |
| 25<br>This institution is an equal opportunity employer   | 26<br>Hammy Sammy<br>Mixed Vegetables<br>Oranges Slices<br>Milk                             | 27<br>Philly Steak Sandwich<br>Green Beans<br>Mixed Fruit<br>Milk                      | 28<br><u>Breakfast 4 Lunch</u><br>French Toast<br>Sausage<br>Hash Browns<br>Applesauce<br>Milk | 29<br>Chicken Tenders<br>Peas<br>Mandarin Oranges<br>Milk             | 30<br>Dina Mia Pizza<br>Carrots/Celery<br>Ranch Dip<br>Pineapple<br>Milk  |   |