

WEST IRON COUNTY PUBLIC SCHOOLS

February 2012 School Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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February is "National HEART Month"

LUNCH PRICES
STAMBAUGH \$2.00
MIDDLE SCHOOL \$2.50
HIGH SCHOOL \$2.50
MILK \$.30
ADULTS \$3.25

Good fats
 avocado
 olive oil

Low-fat dairy
 milk, cheese
 yogurt

**MILK IS
 INCLUDED WITH
 EACH MEAL**

			1 Macaroni & Cheese Green Beans Apples PB/Butter Sandwich	2 WYKON Burgers Catsup/Mustard French Fries Peaches	3 Pepperoni Pizza Fresh Fruit Fresh Vegetables PB/Butter Sandwich	4	
5	6 1:00 DISMISSAL Chicken Nuggets Corn Pineapple PB/Butter Sandwich	7 Hammy Sammy on a bun Peas Cinnamon Apples	8 Spaghetti w/meatsauce Green Beans Peaches PB/Butter Sandwich	9 Corn Dogs Coleslaw Pears PB/Butter Sandwich	10 Cheese Pizza Fresh Fruit Fresh Vegetables PB/Butter Sandwich	11	
12 MENU SUBJECT TO CHANGE WITHOUT NOTICE	13 NO SCHOOL TODAY	14 Tacos Meat/Cheese/Lettuce Peaches PB/Butter Sandwich	15 Cheeseburgers Corn Mixed Fruit	16 Chicken Fingers Ranch Fries Cinnamon Apples PB/Butter Sandwich	17 Sausage Pizza Fresh Fruit Fresh Vegetables PB/Butter Sandwich	18 <small>In accordance with Federal and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination write to:</small>	
19	20 WYKON Bowl Popcorn Chicken Mashed Potatoes Corn, Cheese, Gravy Pears PB/Butter Sandwich	21 1:00 DISMISSAL Hot Dogs Catsup/Mustard baked Beans Peaches	22 Macaroni & Cheese Peas Applesauce PB/Butter Sandwich	23 Sloppy Joes Corn Pineapple	24 Cheese Pizza Fresh Fruit Fresh Vegetables PB/Butter Sandwich	25 <small>USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice). USDA is an equal opportunity provider and employer.</small>	
26 BREAKFAST DAILY CEREAL TOAST JUICE MILK	27 French Toast Syrup Sausage Hash Brown	28 Chicken Nuggets Corn Pineapple PB/Butter Sandwich	29 Tacos Meat/Cheese/Lettuce Cinnamon Apples PB/Butter Sandwich				